

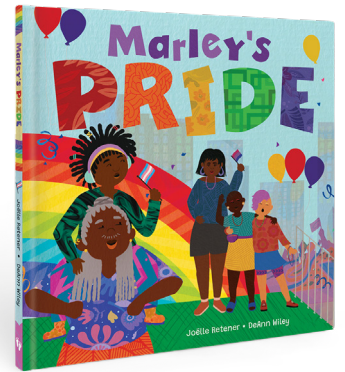


A Barefoot
Discussion
Guide

Marley's Pride Discussion Guide

In the book *Marley's Pride*, Marley wants to attend the Pride parade with their Zaza but their anxiety keeps getting in the way.

- 1) What is anxiety and what makes Marley anxious? When Marley's anxious how does their body feel?
- 2) Are there situations that make you feel anxious? What are they? How does your body react to anxiety?
- 3) On the day of the parade, Marley does lots of different things to help them stay calm. What do they do? What do they bring with them? What are some tools that help you feel less nervous?
- 4) What happens when Marley arrives at the parade? What helps them in that moment? What would you do in this situation?
- 5) When Zaza lifts Marley onto their shoulders Marley instantly feels better. Why do you think it helped?
- 6) Did Marley's feelings about the Pride parade change by the end of the day? What changed? Why did it change?



Marley's Pride

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Illustration © DeAnn Wiley
from *Marley's Pride*



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